

## **Symmetry Health**

4432 Ingraham Street San Diego, Ca 92109 Phone: (858) 270-2225 Fax: (858) 270-6898

www.SymmetryHealthChiro.com

## **New Patient Checklist** Chiropractic

	Please download and complete the <b>new patient intake packet</b> and bring to your first appointment.
	If you have not completed the new patient intake packet, please arrive 15 minutes early to fill out intake forms.
	Allow one hour for your first visit.
	<b>Parking is available</b> in the parking lot in front of Symmetry Health with additional parking available in our lot located behind the building (off of Hornblend).
	Please be courteous and <b>call us</b> if you're running late a few minutes late.
	All <b>payments</b> are due at the time of service. We accept cash, check, Visa, Mastercard, and Discover.
Please <b>bring</b> to your first appointment the following items:	
	Recent blood work, x-rays and imaging, and/or medical records if necessary.
	A <b>list of all medications</b> you are currently taking (including dose, frequency, and duration).
	Insurance card or <b>proof of insurance</b> .
	Thank you! We look forward to meeting you!

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